



August News

Welcome to the Valimex August news & produce newsletter. August marks the peak of the UK growing season. Foraged produce is in abundance with Elderberry and Blackberry and on hedgerows. Damson and Victoria Plum have now started. Gooseberry are in season, so use them before they go. New UK season Onion have started, and the mighty British Apple season has started.

Produce News



Our friends at Growing Field 28 have some fantastic produce available this month including mixed heritage Cucumbers and some incredible varieties of Tomatoes nearly ready. Sold in 3kg boxes, there are a total of 9 varieties such as Suyo Long, Armenian Long, Tokyo Green, Sikkim, Poona Kheera, Dragon Egg, Mini Lunch, Crystal Lemon and Green Apple , please pre order these with our sales team sales@valimex.co.uk . Also available are Tokyo Turnip and Keravel Onion (similar to Roscoff onion).

Produce News



New season Purple Kohlrabi, Cima Di Rapa and Land cress have also just arrived fresh from our Lancashire grower Chris Molyneux. All exceptional British produce arriving direct to your kitchen within 24 hours from the field.





Rungis Special

We are now collecting produce 3 times per week direct from Rungis Market in Paris. As the largest market in the world, produce arrives in from all over France, Europe and the rest of the world every day. The quality of produce is exceptional and is a testament to France's rich culinary heritage and its commitment to quality food supply. Please contact us to be added onto our Rungis produce call list every week - sales@valimex.co.uk or 0208 961 2477



Tomatoes from Provence are exceptional quality and fantastic taste, varieties such as 'Marmande', 'Ananas' and 'Bleue' are available by the box. Stone fruits from France are at their absolute best taste and quality, Apricot, Peach and Greengage to name a few.



Celtuce is a relatively unknown. Also known as Stem Lettuce, Celery Lettuce or Asparagus Lettuce. Once the full length of the stalk is peeled it can be eaten raw in salads or cut into shapes to add to your dishes.



'Fraise Des Bois' or 'Wild Strawberry' are commonly known as a Woodland or Alpine Strawberry. The taste of Strawberry is magnified in these small berries.



Fresh in this month



French Muscat Grape, French Greengage, Italian Green Fig and Spanish Yellow Plum.



New Forest Blueberry, French White Currant, British Gooseberry and Hugh Lowe Farm Blackberry.



Lancashire Purple Kohlrabi, Italian Globe Artichoke, New season Brussel Sprout and Romanesque Cauliflower.

Please keep an eye on our Instagram page for fresh-in produce
[@valimexltd](https://www.instagram.com/valimexltd). Please contact us for any help on 0208 961 2477 or email
orders@valimex.co.uk and all enquiries sales@valimex.co.uk

