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British Seasonal Chart

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Vegetables													Salads												
Artichoke - Globe													Celery												
Artichoke - Jerusalem													Cucumber												
Asparagus													Edible Flowers												
Aubergine													Lettuce - Cos												
Beans - Broad													Lettuce - Curly												
Beans - Runner/flat													Lettuce - Iceberg												
Beetroot													Lettuce - Little Gem												
Broccoli													Lettuce - Lollo Biondi												
Broccoli - Purple Sprouting													Lettuce - Lollo Rosso												
Brussel Sprouts													Lettuce - Oakleaf												
Cabbage - January King													Lettuce - Radicchio												
Cabbage - Red													Lettuce - Round												
Cabbage - Savoy													Mooli												
Cabbage - Spring Green													Mustardcress												
Cabbage - White													Radishes												
Carrots													Rocket												
Carrots - Chantanay													Spring Onions												
Cauliflower													Tomatoes												
Cavolo Nero													Watercress												
Celeriac													Mushrooms												
Chard													Enoki - Cultivated												
Chilli													Girolle Scottish Wild												
Chinese Leaf													Morel Wild												
Courgettes													Oyster - Cultivated												
Fennel													Pied Bleu - Cultivated												
Garlic													Shitake - Cultivated												
Horseradish													Fruit												
Kale													Apples - Braeburn												
Kohlrabi													Apples - Bramley												
Leeks													Apples - Cox												
Marrow													Apples - Discovery												
Onions - Main													Apples - Royal Gala												
Onions - Red													Apples - Russet												
Pak Choy													Apples - Spartan												
Parsnips													Apples - Windsor												
Peas													Black/white/redcurrants												
Peppers													Blackberries												
Potatoes - Jersey Royal													Blueberries												
Potatoes - Maincrop													Gooseberries												
Potatoes - New													Raspberries												
Pumpkins / Squash													Strawberries												
Romanesco													Cherries												
Samphire													Cobnuts												
Shallot													Medlars												
Spinach													Pears - Comice												
Swede													Pears - Conference												
Sweetcorn													Pears - Williams												
Turnips													Damsons												
													Plums												
													Quince												
													Rhubarb - Indoor												
													Rhubarb - Outdoor												
													Walnuts												

Not available from UK sources
 Cusp of season, availability may be mixed and product could be expensive
 Season is in full swing and product is at its best
 Product harvested and now stored to prolong availability