



Welcome to Valimex September's latest news & produce update. Keep an eye out for late UK produce at its best, though the season will only be around for a short time, so get these ingredients on your menu's.

September News

As we move into Autumn, we start to think of wild mushrooms such as Scottish girolle, yellow chanterelle and cep and all foraged ingredients to change summer menus. Ingredients from the forest such as reindeer moss, Douglas pine and Juniper branch are all flavours and ingredients that are all starting to come into season with some available now.



Coastal foraged ingredients such as Sea Aster, Sea Pursalane, Salty fingers and Samphire are also available to order.

We are at the peak of UK grown vegetables with sweetcorn, cabbages, tomatoes, runner beans, brassicas and courgettes. Elderberry, Sloes, Damson and Victoria plum are in season. Coastal foraged ingredients such as Sea Aster, Sea Pursalane, Salty fingers and Samphire are also available to order.



September Produce Report



Scottish Girolle mushrooms have been in good supply and quality, yellow chanterelle starting to come through and the first Ceps are also coming through. English Cobnuts are available, though not for long. British brassica's like Hispi, Cavolo nero and Savoy cabbage are in good supply. Please contact us for further details or for any enquiries on new seasonal produce on 02089612477 or email sales@valimex.co.uk



Fresh in this month

Turkish, French and Italian Figs are in good supply, British sweetcorn in husk are of excellent quality, borlotti bean are also in good supply and quality. Keep an eye out on our Instagram page for daily updates on fresh-in produce and new ingredients @valimexltd



Fresh in this month

Guava, various British tomatoes are available including yellow cherry and Coeur de boeuf, Hispi, and Damson.

