



October News

Welcome to Valimex October's latest news & produce update. The leaves are falling from the trees, the mornings are darker for longer and the nights draw in but it's not all doom and gloom as we start on some amazing autumnal ingredients such as Pumpkin, various mixed squash, brassicas are in full flow with Savoy and Hispi cabbage. We see winter chanterelle available along with hedgehog mushroom and lastly new season UK parsnip and Brussel Sprout are now available



New Producer



This month we visited Bedlam Organic Farms in the Cambridgeshire Fens. Clive Martin and his son Tobias are respectively the fourth and fifth generations of family that have been farming this part of the Fens.

Currently they have Tenderstem Broccoli still be harvested along with Fennel and various types of squashes. Throughout the year they grow Organic Asparagus, baby and globe artichokes, Purple sprouting broccoli and rhubarb.



Producer Insight

Introducing Mr Cacklebean 'aka' Paddy. Cacklebean Farm is at the foot of a hill just outside Stow-on-the-Wold. It is owned and run by Paddy and Steph Bourns. Their rare breed flocks are entirely free range and live in traditional chicken houses on 12 acres of land. Their pure white egg, 'the Arlington White' has a beautiful golden yolk and are of exceptional quality and flavour. Please contact us for any orders on 0208 961 2477 or email orders@valimex.co.uk and all enquiries sales@valimex.co.uk



New ingredients

Castillo D Canena Extra Virgin Olive oils are available in Picual and Arbequina. Various Leblanc Oils and Vinegars are now in stock, also Forvm Vinegars are now in stock.



We now have the full range of Minus 8 vinegar in stock, along with Truffle hunter products and Truffle Pig, truffle oils. We also have all Truefoods stocks available. Keep an eye out on our Instagram page for daily updates on fresh-in produce and new ingredients @valimexltd



Fresh in this month



Mixed UK organic squash, UK Cox apple, Russet apple and Premium air freight mango.



New season UK Parsnip, Lancashire Purple and white variegated kale and UK Brussel sprout.



Super sweet Mandarin, UK mashed potato Squash, New season UK Savoy cabbage and Vitelotte purple potato. Keep an eye out on our Instagram page for daily updates on fresh-in produce and new ingredients
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